

## SUGAR MOON

MARCH 2011

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REMINDER

March 11 - Drum , Feast  
& Dance Social @ St.  
Claire College Hanger  
Room 5PM—9PM

March 12- Spring Gath-  
ering @ Assumption  
High School  
12PM-6PM

March 24 - The Creators  
Game Feast & Lacrosse  
Demonstration @ St.  
Benard School 1847 Mel-  
drum Rd. 6PM-9PM



## MARCH BREAK MADNESS!

GREAT activities are hard to find during this well earned break for students and parents! The children have a chance to sleep in and the parents have a week off sending the kids to school! As relaxing as this break can be let's not forget the importance of family time! There are fun, educational, and affordable activities all around Windsor!

Movie nights are always a great idea for conversation and fun time in the kitchen while making snacks. How about a Gummy Worm Dessert? Make a flower pot out of ice-cream, crushed chocolate chip cookies, and chocolate syrup to make it look like soil and don't for-

get the gummy worms! This is a chance for creativity! Even a game of Simon Says with the family is great, especially when the kids are telling the parents what moves to make! Colasanti Tropical Garden and Point Pelee National Park are great trips. How about a mad science experiment ?

**What You'll Need:** Two plastic cups, Water, Salt

**Step 1:** Fill two cups half-way with water. Add some salt to one of the cups and stir it up.

**Step 2:** Place both cups in the freezer or outside if temperatures are below freezing.

**Step 3:** Observe the cups. Which one freezes first? Don't forget to discover why!

Hint: Why is salt used when there is ice in the winter time?

Check out your local library and discover the world's you can travel, and the only ticket you need is your imagination! Visit their website for the schedule of free events:  
[www.windsorpubliclibrary.com](http://www.windsorpubliclibrary.com)

A swimming adventure is always fun at your local water world or YMCA. For more information be sure to call 311 and see what's going on in Windsor during the March Break!

## CULTURAL CONTRAVERSITY

*How Can A Beautiful Heritage Be Associated With Crime?*

ABORIGINAL traditions value respect, fairness, and harmony among their community members and the earth all around us. Husbands and wives are to honor one another.

Families were once loving and caring, while abuse or violence was not tolerated. Abuse was a sign of dishonour. A man and a woman are to be honest and kind as these are

In matriarchal communities, such as the Mohawk women, they are honoured for their wisdom and vision. Women are also respected for their sacred gifts that has been given to them from the Creator.

SEE PAGE 2

# CULTURAL CONTRAVERSY



Vigil at Parliament Hill, Ottawa, 4 October 2007

ABORIGINAL women and children are suffering from abuse and violence. This is contradictory to the teachings of the ancestors and the traditions of the aboriginal culture. Women are missing because of kidnappings that lead to murder and much suffering in the community. The entity that was gifted by the Creator, the mothers to our future, wisdom and vision fill her vessel, are now a symbol of hatred. Such controversy is detrimental to

the aboriginal societies all over Canada. February 14 is the day women all over Canada celebrate love by marching and remembering their *Stolen Sisters*. These women mourned have been kidnapped, raped, murdered, and dishonored. It raises the question of what changed the vital essence of respect, harmony, and adoration for the women in this rich aboriginal culture.

According to Canadian statistics, Native women are five

times likely to die as a result of violence than any other woman of the same age.

Over the past three decades no definite number has been recorded of the women that have gone missing and murdered. Tragically, over 3000 women are known to be victims of such cruelty in Canada since 1970's. Poverty, systematic exploitation result in violence and abuse suffered by the women and children in the aboriginal communities. Collectively we can work towards re-rooting the traditions passed down from our ancestors that are shaking in their graves.

*Aboriginal teachings instruct men and women were equal in power and each had autonomy within their personal lives.*

**Danait Asgedom**  
AIDS Committee of Windsor  
African Caribbean Program,  
Newsletter Volunteer



## TRIBUTE TO OUR STOLEN SISTERS

### BROKEN SILENCE

By: Danait Asgedom

Mother  
Sister  
Aunt and a friend  
Victims of anguish  
Till the bitter end  
  
Struck by a fist  
Or other objects of hate  
Slowly devoured by the pain  
And days blend together

Visions become unclear  
Until the day HOPE  
Broke through the walls of her ears  
  
Fear of leaving  
Fear of his revenge  
Faithfully praying  
Hoping to be rescued

Before her dark tale  
Turns into a bitter end  
SILENCE must be BROKEN

Violence is a CRIME  
Freedom of Expression  
For all there is TIME

Eye's must be open  
There is a way out  
HOPE must be given  
For those that reach out

Hear their cries  
VIOLENCE is a CRIME!

.....

Hello everyone I am 25 years old and love my job at Aids Committee of Windsor. I am currently working in the African Caribbean Program. The issue of HIV/AIDS is very important to me and through education and support programs we can fight the battle together. As a youth HIV/AIDS activist I believe in educating the youth through innovative

the public about how the rates are increasing among all ages, races, and gender groups. It is a real epidemic and education will provide methods for prevention. All communities are affected in some form and ignorance is not bliss!

Welcome aboard Danait. Thank-you for volunteering your time to assist us with the newsletter.

## Transit Windsor Affordable Bus Pass Program (APP)

The APP is a new program that will allow riders the ability to purchase a discounted adult or student bus pass, provided that they meet the eligibility requirements.

### Who Is Eligible?

Any individual and their spouse/partner and/or dependents may apply if their combined household income falls below the 2008 Statistics Canada Low-Income Cut-Off. Refer to section D on the Application Form (below). Combined household income is defined as the combined income of the primary applicant, their spouse/partner and/or their dependents.

The spouse/partner of the Primary Applicant and/or dependents may also be eligible to receive a discounted bus pass, provided they are living in the same household. Dependents must be under the age of 18 years old. Both the spouse/partner and/or any eligible dependents must be listed on the Primary Applicant's application form.

### How To Apply?

APP Application Packages are now available at the Windsor International Transit Terminal at 300 Chatham Street West (at Church) and at the Transit Centre at 3700 North Service Road East (at Central). Along with the

APP application form, applicants must submit proof of their eligibility. Acceptable proof of eligibility includes one of the following: the most recent Notice of Assessment from Revenue Canada, the most current Canada Child Benefit Notice or Ontario Child Benefit Notice, verification of Ontario Disability Support Program benefits or verification of current Ontario Works benefits.

- If you need any assistance completing the forms simply call your Tenant Liaison or visit one of the 5 locations that offer Free FORMS Assistance: Citizen Advocacy, Multicultural Council Locations, Windsor Public Library, Bilingual Legal Clinic

**The Discounted Rate is \$40.00 per month. The savings definitely make it worth your while to apply.**

## Bill C-3

Bill C-3 (Gender Equity in Indian Registration Act) is now in effect. The Honourable John Duncan, Minister of Indian Affairs and Northern Development and Federal Interlocutor for Métis and Non-Status Indians announced today that the Gender Equity in Indian Registration Act (Bill C-3) comes into force on January

31, 2011, and that applications for registration will be accepted and processed as of today.

More information is available on the INAC web site at:

<http://www.ainc-inac.gc.ca/br/is/bll/index-eng.asp>

General enquires on Gender Equity

in Indian Registration Act should be directed to:

INAC Public Enquiries Contact Centre

Email: [InfoPubs@ainc-inac.gc.ca](mailto:InfoPubs@ainc-inac.gc.ca)

Phone: (toll-free) 1-800-567-9604

Fax: 1-866-817-3977

TTY: (toll-free) 1-866-553-0554

Feel free to call your Tenant Liaison to assist you and answer any questions you may have.

*Did your mom lose her Indian Status prior to Bill C-31? She was reinstated and you ended qualifying for Indian Status but your child (ren) did not. Well the rules have changed and they are now entitled to Indian Status under Bill C-3.*

## Looking for Something Exciting to Do this March Break

The Art Gallery of Windsor offers drop-in programs during PA Days, March and Summer Breaks. Two hour programs include touring the exhibitions with a docent, and then visiting the studio to create your own artwork. Children must be accompanied by an adult.

You can pre-register for a two-hour drop-in program by calling Mary Anne, 519-977-0013 EXT

103. Cost \$8.00 per drop-in session (accompanied by a parent/guardian)

**Join us for a guided tour @ 12:00 pm followed by a hands-on activity@1:00pm.**

Tuesday: Sculpture Carving

Wednesday: Portrait Painting

Thursday: Abstract Mobiles

Friday: Landscape Drawing

Recommended Ages: 4 – 13

### For the Teens

**Check out the University of Windsor Turtle Island March Break Camp**



(See Enclosed Flyer for more details)

### Inspirational Quote:

*“Parents need to fill a child’s bucket of self-esteem so high that the rest of the world can’t poke enough holes to drain it dry.”*

*A. Lin Price*



## ZERO BALANCE CLUB WINNER



BEAR MOON



February

## Can-Am Indian Friendship Centre-March 2011

3837 Wvandonotte St. E., Windsor, ON N8Y 1G4 Phone: 519-253-3243 Fax: 519-253-7876

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Refer to Separate Calendars & Information for the following: Life Long Care UAHLP & B.E.S.T	<b>1</b> Senior Fitness 10 am Open Gym Night 6 - 8 Potluck/Social 6-830pm @ All Saints Church 330 City Hall Sq. (downtown)	<b>2</b> Healthy Cooking 1-230  Sharing Circle 7 - 9	<b>3</b> Tai Chi 11-12  Open Gym Night 6 - 8	<b>4</b> Beginner Yoga 10-11 Meditation 11 - 11:30 Holistic Massage Therapy 1-3  Men's Drumming 7-9	<b>5</b>
<b>6</b> Exercise, Cooking & Therapeutic Activities must contact Steve prior to attend-	<b>7</b> Women's Sharing Circle 11am  Akwe:go Children's Drumming 6 - 8pm	<b>8</b> Senior Fitness 10 am  Open Gym Night 6 - 8	<b>9</b> Healthy Cooking 1-230  Sharing Circle 7 - 9	<b>10</b> Tai Chi 11-12  Open Gym Night 6 - 8	<b>11</b> Beginner Yoga 10-11 Meditation 11 - 11:30 Holistic Massage Therapy 1-3  Men's Drumming 7-9	<b>12</b>
<b>13</b>	<b>14</b> Women's Sharing Circle 11am  Akwe:go Children's Drumming 6 - 8pm	<b>15</b> Senior Fitness 10 am  Open Gym Night 6 - 8	<b>16</b> Healthy Cooking 1-230  Sharing Circle 7 - 9	<b>17</b> Tai Chi 11-12  Open Gym Night 6 - 8	<b>18</b> Beginner Yoga 10-11 Meditation 11 - 11:30 Holistic Massage Therapy 1-3  Men's Drumming 7-9	<b>19</b> Kanawaytohiwin Community Initiative 10am-4pm @ St. Pauls Church 973 Pilette Rd.
<b>20</b>	<b>21</b> Women's Sharing Circle 11am  Akwe:go Children's Drumming 6 - 8pm	<b>22</b> Senior Fitness 10am  Open Gym Night 6 - 8	<b>23</b> Healthy Cooking 1-230  Sharing Circle 7 - 9	<b>24</b> Tai Chi 11-12  Open Gym Night 6 - 8	<b>25</b> Yoga&Meditation 10am Safety Awareness Workshop with Jamie 10:30am (food&prizes) Massage Therapy 1-3 Men's Drumming 7-9	<b>26</b>
<b>27</b>	<b>28</b> Women's sharing Circle 11am  Akwe:go Children's Drumming 6 - 8pm	<b>29</b> Senior Fitness 10am  Potluck/Social 6-830pm @ All Saints Church 330 City Hall Sq. (downtown)	<b>30</b> Healthy Cooking 1-230  Sharing Circle 7 - 9	<b>31</b> Tai Chi 11-12  Open Gym Night 6 - 8	<b>PLEASE NOTE:</b> Steve will be off on provincial training Mar.1 -4th	<b>Reminder:</b> We will be having a dance on Apr.1 at 7pm @ 735 Tuscarora & Louis, call Sue for details

Inspirational Quotes: Children will not remember you for the material things you provided, but for the feeling that you cherished them. Life affords no greater responsibility, no greater privilege, than the raising of the next generation.-C. Everet Koop, M.D.